

South Ayrshire Support Directory



Contents

Food Support in South Ayrshire	2
Food Banks in South Ayrshire	4
Food Pantries & Larders in South Ayrshire	7
Food Support – National Apps & Schemes	8
Food Support – South Ayrshire Council Support	9
Furniture Support – National	12
Furniture Support – Charities	14
Furniture Support – South Ayrshire	15
Cost of Living Support in South Ayrshire	16
Help with the Cost of Living – Council Support	19
Fuel and Energy Support	21
Support with Debt	23
Warm Spaces in South Ayrshire	25
Libraries in South Ayrshire	26
Support with Employment, Skills & Training	27
Digital Inclusion Support	29
Housing & Homelessness Advice in South Ayrshire	32
Support with Domestic Abuse	34
Support with Addictions	36
Household Waste & Recycling	39



South Ayrshire Foodbank - Together with Trussel

Trussel Trust Food banks in the Trussel Trust network welcome and support everyone who is referred to them. Volunteers will give a minimum of three days' emergency food.

How to get a food voucher

To get help from a food bank you will need to be referred with a voucher, which can be issued by a number of local community organisations (for instance schools, GPs and advice agencies). Your local food bank can advise which agencies can help.

You can search food banks local to you by visiting: https://www.trusselltrust.org/get-help/find-afoodbank/

Feeding Britain

Feeding Britain supports a national network of 80 organisations – ranging from community centres and schools to local authorities and social enterprises. To find your local centre please visit https://feedingbritain.org/about-us/wherewe-work/

Your Local Pantry

Pantries stock a wide range food including fresh fruit and veg, frozen and chilled food, meat and dairy products, and long-life tinned and packaged food.

To find your local pantry visit https://www.yourlocalpantry.co.uk/pantrylistings/

Community Shops

Community Shop membership is free and open to those who live locally to a Community Shop store and receive a means-tested benefit.

If you think you may be eligible, find your nearest Community Shop and contact them directly about membership. https://www.companyshopgroup.co.uk/comp any-shop/store-locations/https://communitygrocery.org.uk/ourlocations/



Food Support in South Ayrshire



National Organisations

Too good to go

On the Too Good To Go app, restaurants, cafes and bakeries list leftover food that would otherwise be thrown away. Users can then browse the map for food near them and pick up a 'magic bag' for a fraction of the original retail cost. Registration to the app is free and users can specify their dietary requirements. https://www.toogoodtogo.com/en-gb

Olio

Olio provides a platform for neighbours to share unwanted food and other items, all for free. People are free to share or pick up anything from an unwanted gift, produce that's on its date from a local store, leftover event catering supplies or excess food that won't get eaten. https://olioapp.com/en/

Karma

The Karma app enables users to rescue fresh food from restaurants, bakeries, cafes and even wholesalers that would have otherwise been thrown away. https://save.karma.life/

NoWaste

NoWaste users can scan receipts and barcodes, log each weekly shop, make lists of what's in, plan meals more effectively and receive automatic expiration reminders. NOSH Nosh is an app offering another option to track the food you have in your home. With nosh, users can view categorised expiry and use by dates all on one screen, so they can easily prioritise which foods to use up first.



Food Banks in South Ayrshire



Food Banks:

New Life Church Prestwick

New Life Centre 62 Monkton Road Prestwick Ayrshire KA9 2PA

Tel: 07599071114/07871689392

Opening Times:

Tuesday 12:30 - 14:30

Friday 12:30 - 14:30

Southside Church Charity Shop

254 High Street

Ayr

Ayrshire

KA7 1RL

Tel: 07599071114

Opening Times:

Monday 10:00 - 12:00

Wednesday 10:00 - 12:00

Lochside Parish Church, Ayr

Lochside Community Centre Lochside Road Ayr KA8 9JY

Tel: 07599071114

Opening Times:

Tuesday 10:00 - 12:00

Thursday 12:00 - 14:00

Dundonald Foodbank

Montgomerie Hall Main Street Dundonald KA2 9HG

Tel: 07599071114

Opening Times:

Monday 10:00 - 12:00

Troon Old Parish Church

Troon Old Parish Church Ayr Road Troon KA10 6EB

Tel: 07599071114

Opening Times:

Tuesday 12:00 - 14:00

Friday 12:00 – 14:00

Salvation Army Ayr

59 John Street

Ayr

KA8 0BS

Tel: 01292 269286 or 07398 015858

Opening Times:

Monday, Wednesday and Friday, 12noon-2pm.

This is not an exhaustive list of foodbanks in South Ayrshire. Full information about foodbank locations in South Ayrshire, can be found here.



Care And Share

Working in partnership with addiction services and housing departments to support those in need through a weekly drop-in service with lunch in Riverside Church Hall, Ayr. There is also a weekly Breakfast Club.

Tel: 01292 262686/07421 242996/07421 242863

Email: help@riversidecommunitytrust.org.uk

Room @ Wallacetown

Help and support with food, clothing, household items, the cost of living and many other services available. Tuesdays and Fridays from 1.30pm to 2.30pm at Newton Primary School, Russell Drive, Ayr. Primarily for people in North Ayr area. Pre-order food shopping by contacting school.

Tel: 01292 612714

Broken Chains

Support and food for 'homeless, drug addicted and otherwise marginalised' people. Every Tuesday, 1.30pm - 4pm, Salvation Army Hall, Ayr. Also hold monthly Sunday meetings.

Tel: 01292 502597



KITCHE

The free app has thousands of recipe suggestions that users can filter by the ingredients in their kitchen that need to be used up.

OddBox

Oddbox is a subscription service that delivers straight to your door, fruit & veg that is considered either too large or too small to be sold in supermarkets. When you sign up to Oddbox, you'll need to decide what you would like to be sent and how often. You can choose fruit, vegetables or a selection of both and have them delivered each week or fortnightly. https://www.oddbox.co.uk/

Kids Eat Free Deals

Kids Eat Free Deals Many restaurants, Supermarkets, Cafes and pubs will have Kids Eat Free Deals. You can find a list at Money Saving Expert. https://www.moneysavingexpert.com/deals/cheap-restaurant-deals/#kids.

Salvation Army

Salvation Army Run food banks year-round from many of their churches and community centres. To find the closest centre to you, visit https://www.salvationarmy.org.uk/mappage.



South Ayrshire Council Support



Scottish Welfare Fund

What is it?

The Scottish Welfare Fund is a discretionary scheme that provides two types of grant:

Community Care Grants and Crisis Grants.

These grants do not need to be paid back.

If you need to apply for both, you must make separate applications for each type of grant.

Crisis grant

A Crisis Grant aims to help people who are in crisis because of either

- a disaster (like fire or flood)
- an emergency situation such as losing all your money or having it stolen or where someone has no food

Community care grant

A Community Care Grant aims to help people who

- may have to go into care unless they get some support to enable them to stay at home.
- are leaving any form of care such as a hospital, prison or care home and require help to set up their own home

A Community Care Grant can also help households facing exceptional pressure with one-off items (like a cooker or a washing machine).

What about the Social Fund?

Some aspects of the Social Fund still remain with the DWP including:

- Cold Weather Payments
- Winter Fuel Payments
- Budgeting Loans/Budgeting Advances

The DWP also offer support to people waiting for their first payment of benefit and who, in the absence of any other financial support, need an advance of that benefit to tide them over until

the benefit is in payment. These payments are called Short Term Benefit Advances. Information about all of these are available from DWP

Some Social Fund payments have moved to Social Security Scotland. Information is available from the <u>Scotland Social Security website</u>

- Best Start Grant previously Sure Start Maternity Grants
- Funeral Support Payment previously Funeral Payments.

Who can apply to the Scottish Welfare Fund?

You must be over 16 and on a low income to be eligible to apply.

You can find further information and guidance on the South Ayrshire Council website.

Champions for change

Champions for Change South Ayrshire Champions Board have launched our Stay Connected Fund. This fund is designed to support young people with care experience, aged between 14-26, with the impact of Covid-19 and the social changes that come with it. Young people can apply for up to £250 which will help them to:

- Cope with social distancing or isolation
- Improve or maintain their physical wellbeing
- Improve or maintain their mental wellbeing
- Help stay positive with creative outputs or activities

You can find further information and guidance, as well as how to apply on the South Ayrshire Council website.

School grants and funding

Who can apply?

You can apply if your child attends a South Ayrshire Primary or Secondary School and you are in receipt of at least one of the qualifying benefits detailed below.

Please check that you are in receipt of at least one of the qualifying benefits below prior to submitting an application.

Eligibility criteria for Free School Meals for school session 2025/26

- Scottish Child Payment for pupils in P6 & P7
- Child Tax Credit where household income is £19,995 or less
- Child Tax Credit and Working Tax Credit where the household income is £9,552 or less
- Universal Credit where earned income is £796 or less per month
- Income- based Jobseekers Allowance

- Income Support
- Any Income related element of Employment and Support Allowance
- Support under part VI of the Immigration and Asylum Act 1999

Eligibility Criteria for Clothing Grants for school session 2025/26

- Child Tax Credit where household income is £19,995 or less
- Child Tax Credit and Working Tax Credit where the household income is £9,552 or less
- Universal Credit where earned income is £796 or less per month
- Income- based Jobseekers Allowance
- Income Support
- Any Income related element of Employment and Support Allowance
- Support under part VI of the Immigration and Asylum Act 1999

Free School Meals

The Scottish Government have committed to providing a free school meal to all P1 to P5 pupils, however we are requesting that parents/carers who meet the above eligibility criteria submit an application as this information will be used to pay free school meal payments during school holiday periods.

Clothing Grant

- The current value of a clothing grant is £120 per primary school pupil and £150 per secondary school pupil where the parent/carer meets the eligibility criteria
- Only one application can be made per child for each school year
- Clothing grants are not available for children attending early year centres
- If your child has passed their official school leaving date, applications will only be processed once they have returned to school in August
- Young people aged 16-18 years old who meet the eligibility criteria in their own right, can also claim clothing grant and free school meals

You can find more information, and how to apply on the South Ayrshire Council website.



Furniture Support – National



Furniture Support in South Ayrshire

Your local council may be able to help you get hold of items of furniture – as well as helping with other issues, such as debt advice, food and fuel poverty.

End Furniture Poverty

End Furniture Poverty have a list of resources and advice on their website on how to access new and preloved furniture. https://endfurniturepoverty.org/

Reuse Network

The Reuse supports reuse charities across the UK to help them alleviate poverty, reduce waste and tackle climate change. You can search charity shops, projects and groups near you who offer affordable household items including furniture, electrical appliances, IT equipment and more. Search by visiting https://reuse-network.org.uk

Riverside Scotland's Bed Poverty Fund

The cost-of-living crisis has led to "bed poverty" where families end up sleeping in poor conditions because they are having to prioritise money for food and heating. Bed poverty can look different from family to family. It can include: • broken beds and damaged bedding: families can't afford to replace or repair unsuitable beds or bedding, for example bedding that has gone mouldy.

- sharing beds and rooms: many parents share beds with their children as they cannot afford separate places for them to sleep.
- sleeping on the floor: parents or children who are sleeping on the floor because they can't afford beds.
- families unable to wash or dry bedding because they can't afford to pay for energy.

We have teamed up with our contractors Bell Group and James Frew to support customers affected by bed poverty. We will be providing beds, mattresses, and bedding to eligible households.

If you are experiencing any of the above, please get in touch with your Tenant Partner.

SeAScape

SeAscape Pass It On Project assists individuals and families moving on from homelessness by providing 're-use' essential household items free of charge when they have secured a tenancy but have no funds to furnish it. The items are donated by the local community, we uplift, clean, store and PAT test them ready for delivery to those in need. By helping people to make their house a home, we help prevent both the risk of repeat homelessness and increased debt, whilst creating a positive and comfortable environment in which people can thrive.

Pass It On also promotes the circular economy and highlights the impact reuse can have on the environment.

SeAscape Reuse Furniture store is our Social Enterprise, providing good quality and affordable household goods to the local community whilst investing funds in alleviating homelessness.

You can contact SeAScape on 01292 285 424 or freephone 0808 1963385. Alternatively, you can contact them by email at enquiries@seascapeayr.co.uk. You can find more information about SeAScape and the support they offer on their website.

Cunninghame Furniture Recycling Company

Cunninghame Furniture Recycling Company has been founded as a charitable subsidiary of Cunninghame Housing Association Ltd. They are one of Ayrshire's leading social landlords.

Recycling and re-using good quality furniture not only re-distributes much-needed items to those on lower incomes. It also impacts on landfill and the costs that go along with it, both financial and environmental.

Address: Unit 68, Third Avenue, Irvine, KA12 8LT

Tel: 0800 221 8083

Website: Furniture Recycling and Reuse- Free Collection Ayrshire - CFRC (cfrcltd.org.uk)



Glasspool Trust

UK-wide charity that provides grants support for people experiencing financial hardship, with no restrictions on who they can help. https://www.glasspool.org.uk/

Buttle UK

Support children and their families, including the provision of beds, and offer more comprehensive packages of support. https://buttleuk.org/apply-for-a-grant/

Family Fund

Helping vulnerable children and young people up to the age of 18 who are experiencing a crisis or emergency. They provide essential furniture items, and they accept direct applications. https://www.familyfund.org.uk/



Furniture Support in South Ayrshire



Facebook Groups

There are several groups on Facebook that offer free or low-cost furniture. To find groups search Help Groups or Bargain Groups in your area.

Second Hand Furniture Websites

- Facebook
- Marketplace and Groups
- Gumtree
- Freecycle
- Pre-Loved
- Freeads
- VivaStreet
- Freegal

Charity Shops

There are many charity shops that sell low-cost second-hand cost second hand furniture. These include:

- Barnardo's Donation Centres
- Age UK
- British Heart Foundation Furniture and Electrical Stores
- Red Cross
- Cancer Research
- Oxfam
- Salvation Army
- Local Hospice Charities



Cost of Living Support in South Ayrshire



GOV.UK

The GOV.UK website has a list of resources to help support those who are struggling due to the cost-of-living crisis. https://www.gov.uk/

Benefits and Financial Support

There are several benefits that you may be eligible for including:

- Universal Credit If you're on a low income, you're out of work or you cannot work
- Carer's Allowance If you care for someone who gets certain benefits at least 35 hours a week
- New Style Employment and Support Allowance (ESA) If you have a disability or health condition that affects how much you can work or if you need support to get back into
- New Style Jobseeker's Allowance (JSA) If you need help when you're looking for work
- Access to Work If you have a physical or mental health condition or disability you may be able to receive support to help you stay in work.

To find out what benefits and support you may be eligible for visit https://www.gov.uk/cost-of-living/benefitstax-work

Help for Households

See what support is available to help with the cost of living and save money with our energy saving tips. https://helpforhouseholds.campaign.gov.uk/

Social Security Scotland delivered benefits:

Disability Benefits:

Adult Disability Payment

Extra money to help people who have a long-term illness or a disability that affects their everyday life. It replaces Personal Independence Payment people in Scotland previously delivered by the Department for Work and Pensions. Visit the Social Security Scotland website for more information - Social Security Scotland - Homepage.

Child Disability Payment

Extra money to help with the costs of caring for a child with a disability or ill-health condition. It replaces Disability Living Allowance for children in Scotland that was previously delivered by the Department for Work and Pensions. Visit the Social Security Scotland website for more information - Social Security Scotland - Homepage.

Carers Benefit

- <u>Carer's Allowance Supplement</u> an automatic payment made twice a year to people who get Carer's Allowance through the DWP on certain dates each year.
- Young Carer Grant an annual payment of £383.75 for people 16, 17 or 18 who care for people who get a disability benefit for an average of 16 hours a week or more.
- <u>Carer Support Payment</u> money to help you if you're a carer. You can get paid £81.90 a week if you're eligible.

Five Family Payments

- Best Start Grant Pregnancy and Baby Payment one off payment of up to £754.65 from 24 weeks in pregnancy up until a baby turns 6 months for families who get certain benefits.
- Best Start Grant Early Learning Payment one off payment of £314.45 when a child is between two and three years and six months for families who get certain benefits.
- <u>Best Start Grant School Age Payment</u> one off payment of £314.45 when a child would normally start primary one for families who get certain benefits.
- Best Start Foods a pre-paid card from pregnancy up to when a child turns three for families on certain benefits to help buy healthy food
- Scottish Child Payment £106.80 every four weeks to help towards the costs of looking after each child under 16 for families who get certain benefits.

Heating Benefits

- <u>Child Winter Heating Payment</u> a £251.50 payment to help families of a child on the highest rate care component of Disability Living Allowance for children, to heat their homes.
- <u>Winter Heating Payment</u> A yearly payment to help people on low-income benefits who might have extra heating needs during the winter. The payment for winter 2024/25 is £58.75.

Other Benefits

- <u>Funeral Support Payment</u> money towards the costs of a funeral at a difficult time like this for people on certain benefits who are responsible for paying for a funeral.
- <u>Job Start Payment</u> £314.45 for 16 to 24 year olds who have been on certain benefits for six months or more to help with the costs of starting a job.

Citizens Advice

The national charity and network of local charities offer confidential advice online, over the phone, and in person, for free. Visit the Citizen's Advice website for more information - <u>Citizens Advice Scotland (cas.org.uk)</u>.

VoiceAbility

VoiceAbility been supporting people to be heard in decisions about their health, care and wellbeing for over 40 years.

They're an independent charity and one of the UK's largest providers of advocacy and involvement services.

An advocate can support you to access benefits from Social Security Scotland, if you identify as disabled.

You can contact them on **0300 303 1660**, email them at helpline.scotland@voiceability.org or check out their website for more information.



Council Support:

If you are in financial crisis, you may qualify for a crisis grant from the Scottish Welfare Fund. A crisis grant is tax free and you don't have to pay the money back. The Scottish Government has made additional funds available to the Scottish Welfare Fund to help people affected by the Covid-19 Pandemic. If you are no longer able to work or have had your hours reduced, and do not have any savings or other sources of income, we may be able to help.

The quickest way to <u>apply for a Crisis Grant is online</u>, if you do not have access online call the Scottish Welfare Fund on **0300 123 0900** and ask for a Crisis Grant.

You won't qualify for a grant if you have already applied for the same item in the last 28 days, unless your circumstances have changed.

South Ayrshire Council aim to make a decision on your crisis grant application as quickly as possible.

If you qualify for a grant, you will receive a text message with a code that can be used to redeem a cash award from a PayPoint vendor. <u>Find your nearest PayPoint</u> by searching for your postcode.

If you have made a claim for a <u>Department of Work and Pensions (DWP) benefit</u> and you have not received a payment yet, you should apply for a DWP Hardship Payment, a Short Term Benefit Advance or a Universal Credit advance payment before applying for a Crisis Grant.

Discretionary Housing Payment

Discretionary Housing Payments can help if you are struggling to pay your rent and have as shortfall between the amount paid in housing costs and your actual rent charge.

To be considered for a Discretionary Housing Payment you must either:

- be entitled to some Housing Benefit from us; or
- be getting Universal Credit that includes something towards your housing costs.

You can apply online for <u>Discretionary housing payments</u> (DHP).

If you need help with money, welfare and benefits:

South Ayrshire Council's <u>The Information and Advice Team</u> provide a telephone service offering free, impartial and confidential advice on money, welfare and benefits. <u>Contact them</u> <u>digitally</u> or call **0300 123 0900** and ask for the Information and Advice Hub.



Council Support:

Fuel Crisis

The Information and Advice Hub can make a referral to The Fuel Bank Foundation for emergency financial support, to help in your fuel crisis.

Debt with your ongoing Bills

South Ayrshire Council work in partnership with the Energy Agency to give you advice on how to reduce your energy bills and switch your supplier. They can also help you manage the debt on your account by speaking to your energy provider on your behalf to make a payment arrangement.

Oil Supply

If you need help with your oil supply you should apply for a Crisis Grant.

Energy Advice:

Winter Fuel Payments

Help to pay heating bills is available through the winter fuel payment scheme.

If you <u>qualify for a winter fuel payment</u> but don't get paid automatically, you'll need to <u>make a claim</u>.

Cold weather payments

If you get certain benefits, you may be entitled to a <u>cold weather payment</u>. This is applicable when the temperature recorded or forecast to be zero degrees or below zero on seven consecutive days.

Other help and trusts

You can access further help from the following:

- Energy Savings Trust grants and support to save energy at home
- Home Energy Scotland free advice line on 0808 808 2282

Many utility companies now run charitable trusts for their most vulnerable customers. Applicants may have to meet certain qualifying conditions to apply, such as:

having a disability

- · being in receipt of certain benefits
- having a low household income

Citizen's advice will help you make applications to these trusts:

- Scottish Power Hardship Fund
- Ovo Energy Fund
- Eon Energy Fund
- EDF Energy Customer Support Fund
- Bulb Energy Fund
- <u>British Gas Energy Trust</u> provide other grants and support, such as replacing faulty household items

Scottish Government Ready for Winter Campaign

Advice and tips on winter readiness are available from the Ready Scotland website.

Citrus Energy

Founded in 2013, Citrus Energy is a social enterprise that exists to help energy consumers make genuine savings on gas and electricity costs through our truly impartial advice and recommendations. As a social enterprise, any profit we achieve is re-distributed into the community we work with to help reduce fuel poverty issues and create sustainable employment.

Lemon Aid

Lemon Aid from Citrus Energy can even help you apply for services you may be entitled to such as white goods schemes, discounts on your energy bills, benefits and many other services. So, if you are a resident in Ayrshire and want to get the best from your energy supply then call them today on 07973 847 981.

Energyadvice.scot

Energyadvice.scot provide free, practical advice and information on energy-related matters to the citizens of Scotland.

They can provide advice and information if you:

- Have an energy enquiry relating to your supplier (no matter how complex)
- Wish to understand your energy supplier's complaints process
- Are experiencing any problems with your energy bills



Support with debt



Step Change Debt Charity

Online support is available via the debt advice tool where you can create a budget and get a personal action plan with practical next steps. . 0800 138 1111 Opening times: Monday to Friday, 8am to 8pm, Saturday, 8am to 2pm (closed on Sundays and bank holidays). https://www.stepchange.org/

National Debtline

National Debtline provides free advice and resources to help people deal with their debts. Advice is available over the phone, online and via webchat. 0808 808 4000 Opening times: Monday to Friday, 9am to 8pm, Saturday, 9.30am to 1pm.

https://www.nationaldebtline.org/about-us/ Debt Advice Foundation Debt Advice Foundation is a debt advice and education charity offering free, confidential support and advice to anyone worried about loans, credit and debt. 0800 043 40 50 Monday to Friday 8am to 6pm

Christians Against Poverty

National debt counselling charity with a network of 160 centres based in local churches, offering hope and a solution to anyone in debt (not just Christians). https://capuk.org/

PayPlan

PayPlan offer free, simple debt advice to anyone who needs it. When you go to them for debt advice, they will show you all the different debt solutions that are out there so you've got a clear idea of what your options are, and how each one could help you. They can also advise you on what the best solution is for your circumstances, plus any other options that might work for you.

Tel: 0800 316 1833 (Available between 8am to 8pm Monday to Friday and 9am to 3pm on Saturday). Website: https://www.payplan.com/

Community Money Advice

Community Money Advice (CMA) is a charity dedicated to supporting and helping community groups, churches and groups of churches set up free, face to face debt & money advice centres in their neighbourhood. https://www.communitymoneyadvice.com/freedom-from-debt/get-help

Turn2Us

Turn2us is a national charity providing practical help to people who are struggling financially. You can use their free Benefits Calculator and Grants Search to find out what help you can get. https://www.turn2us.org.uk

South Ayrshire Council's Information & Advice Hub

If you are struggling to make your re-payments to any debts and have fallen into arrears The Information & Advice hub are there to help. This includes, but not limited to:

- loans
- credit cards
- mortgage
- car finance
- council tax
- gas and electricity
- catalogue accounts

Often the most difficult step in taking care of your debts is reaching out for help. The Information & Advice Hub's money and debt advice services are free, confidential and impartial. Prior to arranging your first Money Advice appointment they need some information from you to assess your needs and the possible ways they can arrange help for you.

You can find further information on their website.

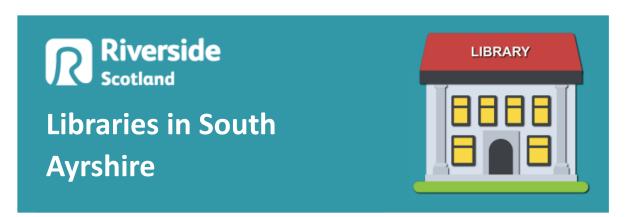


Cosy Spaces in South Ayrshire

<u>Cosy Spaces was set up by Voluntary Action South Ayrshire</u> to provide warm welcoming places in local communities for a cuppa and some company during the winter months.

You can find a list of cosy spaces in South Ayrshire on the VASA website.

* Information correct at point of publishing, please check with venue before attending.



Click on your local library for opening times and contact information:

- Alloway library
- Ballantrae library
- Carnegie library
- Forehill library
- Girvan library
- John Rodie library
- Maybole library
- Prestwick library
- Symington library
- Tarbolton library
- Troon library
- Marr Educational Resources Centre

WiFi

Libraries use the South Ayrshire Council Public wi-fi service which is available in all our libraries and across many of the council's public buildings.

Printing

ANYTHING with colour on it A4 or A3 = 40p per side

Black and white ONLY A4 or A3 = 20p per side

Scanners

Scanners are also available on some PCs' for those requiring electronic copies of images or documents. If you require to use a scanner please mention this when you are booking your PC, as not all of their computers have a scanner connected to them.



Support with Employment, Skills and Training



Government Support

Find a Job in England, Scotland or Wales through the government's official job vacancy service that offers a simple way for people to search for the latest jobs. Find additional job opportunities through the Job Help website. https://jobhelp.campaign.gov.uk/

Apprenticeships

An apprenticeship combines practical training in a job with study. You can start an apprenticeship if you're: 16 or over - there's no upper age limit not in education (full or part-time) You can have a previous qualification, like a degree, and still start an apprenticeship. https://www.gov.uk/apply-apprenticeship

Learn online for free

Learn online for free with The Skills Toolkit, where you can access more than 70 courses in digital, numeracy and employability skills. https://nationalcareers.service.gov.uk/findacourse/the-skills-toolkit

Get support from a work coach

Work coaches use their experience of the jobs market to help you find opportunities that match your skills, which could include types of work you've never considered before. Get support from your work coach by asking at your nominated Job Centre.

My World of Work

My World of Work is Scotland's career information and advice website. It's brought to you by **Skills Development Scotland (SDS)** – the national skills agency.

Use their website to explore careers which match your skills, personality and strengths. They'll also introduce you to the huge range of jobs you could get into.

No matter what stage you're at in your career, My World of Work will help you develop <u>career</u> management skills. These will allow you to stay in control of your career as the job landscape changes around you.

South Ayrshire Council - Thriving Communities

Thriving Communities develop and deliver a range of flexible employability programmes that help support young people and adults into sustainable employment.

What they do

- one-to-one support
- group work
- confidence building
- personal development
- develop your work readiness skills
- work placements
- vocational tasters

For more information, please visit the <u>Thriving Communities - Employability</u> website.



National Digital Inclusion Support

Job Centre Support

Connectivity provider TalkTalk is rolling out a new voucher scheme that gives jobseekers across the UK free access to high-quality broadband. Your work coach will be able to help support you to access further information.

Social Tariffs

Internet access at home can be expensive, some broadband providers offer social tariffs – broadband and phone packages at a reduced price for people claiming Universal Credit, Pension Credit as well as some other benefits. Some providers call them 'essential' or 'basic' broadband.

Visit www.ofcom.org.uk and search social tariffs to find out more.

Get Online @ Home

Get Online @ Home sells heavily discounted, refurbished computers and tablets.

https://www.getonlineathome.org

Family Fund

Devices, such as computers and tablets, can have a huge impact on disabled children and their families. Family Fund can help support families.

www.familyfund.org.uk

The Charity Excellence

The Charity Excellence Framework provides a resource for a wide range of free laptops, computers, software, IT support and grants for UK charities and social enterprises.

www.charityexcellence.co.uk

The National Data Bank

The National Databank is a national foodbank for connectivity data. Run by Good Things

Foundation, data to help almost 500,000 people will be donated by Virgin Media O2, Vodafone, and

Three Mobile from September 2022.

www.goodthingsfoundation.org

National Device Bank

Good Things Foundation is building the UK's first ever National Device Bank. Devices will be provided to people in need by thousands of community organisations in Good Things Foundation's network.

https://www.onlinecentresnetwork.org

Libraries

Libraries across the UK offer a range of different services and support including computer and internet access, digital learning, printing, group activities and wellbeing support.

Search for your local library here:

https://www.gov.uk/local-library-services

Learning

Learn My Way

Learn My Way is a website of free online courses for beginners to develop digital skills to make the

most of the online world.

www.learnmyway.com

Barclays Digital Wings

Barclays Digital Wings platform offers free online digital skills courses from how to stay safe online,

use social media, make your business digital and much more. Available to everyone, no eligibility

criteria.

https://digital.wings.uk.barclays/

FutureLearn

FutureLearn provide a suite of free digital skills courses from digital skills for work and life to advanced skills like web analytics, social media, AI and much more.

www.futurelearn.com

Local Digital Inclusion Support

Riverside Scotland's Device Lending Scheme

Riverside Scotland, in partnership with Connecting Scotland, launched their Device Lending Scheme in 2024. This allows customers of Riverside Scotland, who do not have access to a device or the internet, to borrow device and internet access. You can find more information on our website, or by contacting your Tenant Partner.

DIGITAL-VERSION-WOTS-Customer-Update-February-2024.pdf



South Ayrshire Council - Housing Options Team

Emergency homeless assistance

If you are homeless out with office hours contact the Homelessness Standby Service on: 0808 100 3151.

Applicants who are homeless can contact your local area housing offices.

Homelessness is something that can happen to anyone, from all walks of life. Local authorities have a legal duty to help homeless people:

- Firstly by interviewing you and assessing your housing situation and providing you with housing advice and assistance.
- Secondly, by offering you temporary or permanent accommodation provided your circumstances meet the criteria set out in Part II of the Housing Scotland Act 1987 as amended by the Housing (Scotland) Act 2001.

Ayr Housing Aid Centre

Ayr Housing Aid Centre provide free, independent accredited housing advice and advocacy and tenure sustainment services to anyone in housing need.

They can be contacted using the details below:

Ayr Housing Aid Centre SCIO 7 York Street, Ayr KA8 8AN

Tel: 01292 288111

Email: advice@ayrhousingaidcentre.com
Website: https://ayrhousingaidcentre.com
Facebook: https://en-gb.facebook.com/ayrhac/

Riverside Scotland Customers

If you are experiencing difficulties managing your tenancy, anti-social behaviour, rent arrears or domestic abuse, and feel you may be at risk of homelessness, please contact us so we can offer advice and support. You can find more information on our <u>website</u>. You can also contact your Tenant Partner, contact details are on our <u>website</u>.

Shelter Scotland

Help and advice in relation to housing and homelessness can be found on the Shelter Scotland website.

Citizen's Advice Scotland

Citizen's Advice Scotland can offer information and advice on your housing circumstances. You can find more information about this on their <u>website</u>. You can also contact them by phone on 0800 028 1456.



Domestic Abuse Services



What to do if you are experiencing domestic abuse

If it is an emergency (a crime is happening, someone suspected of a crime is nearby, someone is injured, you are being threatened or you are in immediate danger) you should always call **999**.

There are many support services available, these are just a few:

National Domestic Violence helpline

A national helpline which is available every day of the year.

Freephone: 0808 2000 247

Scottish Woman's Aid

If you're experiencing domestic abuse in Scotland.

Contact 0800 027 1234 or visit https://womensaid.scot.

Abused Men in Scotland

If you're experiencing domestic abuse in Scotland.

Contact 03300 949 395 or visit www.abusedmeninscotland.org.

Man Kind

If you are experiencing domestic abuse.

Contact 01823 334 244 or visit www.mankind.org.uk.

Respect

If you are experiencing domestic abuse.

Contact 808 801 0327 or visit www.mensadviceline.org.uk.

Rape Crisis

Support if you have been a victim of sexual violence, they have live chat and information on centres locally to you.

Contact **08088 01 03 02** or visit <u>www.rapecrisisscotland.org.uk</u>.

Samaritans

If you are or have been a victim of abuse and you need someone to talk to.

Contact **116 123** or visit <u>www.samaritans.org</u>

NSPCC

If you are worried about a child. Find out about <u>call charges</u>.

Contact 0808 800 5000 or visit www.nspcc.org.uk.

Childline (under 18s)

Calls will not show on your bill if you call from a landline or most mobile networks.

Contact **0800 1111** or visit <u>www.childline.org.uk</u>.



Addictions Support



Alcohol and Drug Services (NHS Scotland)

If you are concerned about your own or someone else's alcohol or drug use, there are local and national services and resources that can help.

Monday to Friday from 9am to 5pm, you can contact local Alcohol and Drug Services for advice and information:

 North Ayrshire: 01294 476000 (North Ayrshire Drug and Alcohol Recovery Service – NADARS)

Outside of these times, please call NHS 24 on 111 for advice.

In an emergency, please contact 999.

Harbour

Working to empower individuals who are recovering from drug and/or alcohol addiction, assisting them to become independent and supporting their integration back into the community.

Contact Details:

Harbour, 6 Miller Road, Ayr, KA7 2AY

Mon - Fri 9am till 5pm - 01292 623 016

Out of Hours - 01292 623 016

Email: info@harbourayrshire.co.uk

Website: HOME - HARBOUR AYRSHIRE

Talk to Frank

If you have a problem with drugs, Talk to Frank for friendly, confidential drugs advice.

Contact: 0300 123 6600

Talktofrank.com

Email: frank@talktofrank.com

We are With You

We are with you provides free, confidential support to people who have issues with drugs, alcohol or mental health. They work with people on their own goals, whether that's staying safe

and healthy, making small changes or stopping an unwanted habit altogether.

Wearewithyou.org.uk

Sure Recovery

The app is free to use and has been designed to help people track their own recovery journeys and achieve their personal goals. The app has been developed with people at different stages of

recovery and is based on their ideas and feedback.

You can download the app on the Google Play and Apple App stores.

Drug FAM

A lifeline of safe, caring and professional support to families, friends and partners who are struggling to cope with the nightmare of a loved one's addiction to drugs or alcohol and to those

who have been bereaved by addiction or related causes.

Contact: 0300 888 3853

Addictionfamilysupport.org.uk

Drinkline

Free, confidential helpline for anyone who is concerned about their drinking, or someone

else's.

Contact: 0300 123 1110

Alcoholics Anonymous

Alcoholics Anonymous (AA) is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.

Contact: 0800 9177 650

Alcoholics-anonymous.org.uk

Email: help@aamial.org

Drinkaware Online Tools & Apps

37

Drinkaware's range of online tools can help you understand your drinking, track your drinks and change your habits.

Drinkaware.co.uk

Help for problems with Gambling

Gambler Anonymous Scotland

<u>Gamblers Anonymous Scotland</u> has meetings every day and is free to attend. The meetings are informal and friendly. They have a 24-hour helpline you can phone on 0370 050 8881.

GAMSTOP

If you're looking for ways to stop yourself from gambling, <u>GAMSTOP</u> allows you to block your access to certain gambling websites and apps.

Gambling Commission

For advice on gambling as safely as possible, or help reporting a gambling business that's breaking the law, visit the <u>Gambling Commission</u> website.

Gam-Anon Scotland

If you have a loved one with a gambling problem, support is available from <u>Gam-Anon Scotland</u>. The organisation has supportive, confidential meetings that are separate from Gamblers Anonymous meetings. You can phone the Gam-Anon 24-hour helpline on 0370 050 8881.

GamCare

<u>GamCare</u> provides information, advice and support for anyone affected by problem gambling. It operates the National Gambling Helpline, and provides treatment for problem gamblers and their families. You can phone the Helpline 24 hours a day, 7 days a week, on 0808 8020 133.

Scottish Gambling Education Hub

If you're looking for help educating a young person about gambling, or need educational materials for a class or youth group, the <u>Scottish Gambling Education Hub</u> has some useful resources.

Breathing Space

If you're struggling with the impact gambling is having on your life, or the life of a loved one, phone <u>Breathing Space</u> on 0800 83 85 87 for support and counselling. Breathing Space is open:

- Weekdays: Monday to Thursday 6pm to 2am
- Weekends: Friday 6pm to Monday 6am



Household Waste & Recycling in South Ayrshire



Bin Collection Days

You can check when your bins are due to be collected on the South Ayrshire Council <u>website</u>. As well as this, you can download the SAC My Bins app from <u>Apple store</u> or <u>Play store</u>.

You can also find further information about what waste should go in each bin on the South Ayrshire Council <u>website</u>.

Recycling centres and points

Household Waste Recycling Centres (HWRCs) are for South Ayrshire residents to dispose of household waste. A list of waste accepted at HWRCs is available on the South Ayrshire Council website.

Household waste recycling centre booking system

To use South Ayrshire recycling centres, residents require an e-permit, once you have a permit it is valid for 104 visits over 23 months and enables you to make bookings as and when required.

You can register for a permit, make a booking, or make changes to your permit on the South Ayrshire Council <u>website</u>.

You can find out more information by visiting the South Ayrshire Council website.

Bulky waste collection

If household items are too big to fit in your bin, cannot be donated or transported to a Household Waste Recycling Centre, contact South Ayrshire Council to arrange a bulky waste collection.

Charges for bulky waste

Charges apply to all residents.

- First item £25.00
- A further six items can be added for £5.00 each

A maximum cost of £55 for a seven-item uplift.

Book a bulky waste collection

You can book an uplift on the South Ayrshire Council <u>website</u> or call 0300 123 0900. You can find further information about Bulky Uplifts on the South Ayrshire Council <u>website</u>.

Private contractors carrying out work

Private letting owners and letting agents operate commercially. They have a duty of care to dispose of waste materials left at the premises. Contractors' waste cannot be collected as part of a household bulky waste collection. Before a contractor carries out works at your home you should check if they have a waste carrier's license. The contractor is responsible for removing any waste created.